

Natural.  
Sophisticated.  
Serene.



# Looking your best is EASY in Cayman

By Joanna Lewis

Find heaven on Seven Mile Beach at the Westin Grand Cayman's Hibiscus Spa offering its newest Face & Body Treatments such as HydraFacial, Oxygen Infusion Facial, Smooth Sculpt for face and body & the Herbal Therapeutic Massage Ritual. Gift Certificates, Packages and Spa Passes for Steam & Sauna and Ladies Whirlpool are available.

**OPEN DAILY**

Sunday - Thursday 9:00am - 7:00pm  
Friday & Saturday 9:00am - 8:00pm



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westingrandcayman.com/spa

## THE WESTIN

GRAND CAYMAN  
SEVEN MILE BEACH  
RESORT & SPA

Nothing leaves you feeling and looking your best than a day at the spa. Indeed, heading to one of Cayman's world-class spas is a must while visiting. It's a wonderful way to enjoy some luxurious pampering and a great way to relax and set your mind to "island time."

The Westin Grand Cayman Seven Mile Beach Resort and Spa's purpose-built Hibiscus Spa is located along a stunning stretch of Seven Mile Beach and is one of Cayman's most popular and established spas.

The 7,000 square foot, state-of-the-art space features 13 treatment rooms, two steam and sauna rooms, whirlpool and Vichy showers, and a wide range of treatments, from facials to massages and everything in-between.

Treatments such as the Heavenly Caviar Age-Defying Signature Facial or the Island Dream Experience are bound to wash away the stresses of day-to-day life. Top it off with one of the spa's signature manicure and pedicure treatments to leave you feeling your absolute best.

### SPF is key

Of course, looking and feeling your best doesn't stop once you head home from the spa. Cayman's residents know that one of the most important aspects to staying beautiful is to keep skin protected from the sun's harmful rays.

While it's wonderful to feel the sun on your skin, UVA and UVB rays are highly damaging. With Cayman's year-round tropical climate, it's easy to get burnt, whether you're enjoying a day on the beach or simply browsing the shops, so using a daily SPF is a must.

Thankfully, hard-working products using state-of-the-art ingredients can protect skin and allow you to enjoy Cayman's wonderful outdoor lifestyle worry free. They are readily available in Cayman, all at fantastic duty-free prices too.

Luxury French brand Clarins offers a wonderful selection of high-quality sun protection products in a wide range of formulas, including creams, sprays and oils, as does Japanese skincare company Shiseido.

If you want to protect the skin on your face while covering skin imperfections, Dior's newly released Capture Totale Dreamskin Perfect Skin Cushion is ideal. This newly released product blurs imperfections to leave skin flawless while protecting skin with a powerful SPF 50. Top it off with Guerlain's newly released Terracotta line, featuring a wonderful selection of bronzing powders for an effortless sun kissed glow, all without the damage.

And, if you have overdone it in the sun, worry not. The Hibiscus Spa's After Sun Ritual Body Treatment will quickly soothe away any damage.

Looking good has never been more effortless.

# TOP tips for staying young looking

BRINGING OVER 20 OF THE WORLDS TOP DESIGN HOUSES UNDER ONE ROOF, KIRK FREEPORT'S LA PARFUMERIE STORES HAVE REVOLUTIONISED THE CONCEPT OF DUTY-FREE BEAUTY RETAIL IN THE CARIBBEAN. RUTH MCGEE IS THE FRAGRANCE AND COSMETICS BUYER FOR KIRK FREEPORT, SCOUTING OUT THE LATEST PRODUCTS AND BEAUTY BREAKTHROUGHS TO BRING TO THEIR CUSTOMERS. ONE OF THE MOST POPULAR REQUESTS IS FOR PRODUCTS TO HELP PEOPLE STAY OR LOOK YOUNGER, SO THIS YEAR SHE HAS PROVIDED US WITH SOME OF HER TOP TIPS TO DO JUST THAT.



**Lancôme** - Visionnaire Crescendo

This easy to use, leave-on liquid nighttime face peel works to gently exfoliate skin surface cells and address multiple skin concerns: uneven skin texture, appearance of pores, wrinkles and fine lines, and dark spots. Visionnaire Crescendo combines two different formulas each with their own unique ingredient combination to be used over a 28-night period.



**Clarins** - Multi-Active Night Cream

Clarins Multi-Active Night Cream is an antioxidant cream to be applied in evenings that targets fine lines in the skin. Encapsulated Teasel extract delivers targeted revitalising and anti-aging action to where your skin needs it most. Revitalising Organic California Poppy extract helps absorb the visible effects of late nights and interrupted sleep so skin looks smooth, toned and rested by morning.



**Christian Dior** - One Essential Skin Boosting Serum

More than just a serum, One Essential Skin Boosting Super Serum detoxifies, regenerates and boosts the skin every day. Confronted with UV rays, stress and pollution, our skin faces an onslaught of aggressions on a daily basis. The solution: the new One Essential, with its even more powerful formula that targets 100 per cent of external, and for the first time, internal, toxins.



**Shiseido** Eye and Lip Contour Regenerating Cream E Duo

Shiseido Eye and Lip Contour Regenerating Cream E Duo is a powerful restorative 24-hour moisturising rich cream specially formulated for the eyes and lips area to help target all signs of aging. The sensitive skin of your eyes and lips are vital to your senses of sight, taste and touch, this is a truly luxurious cream that engages the senses and revitalising the skin.



**Guerlain** - ORCHIDÉE IMPÉRIALE BLACK Cream

Guerlain Orchidée Impériale Black Cream is enriched with the Blackimmune technology that comes with all the strength and power of the Black Orchid to help reinforce the skin's self-defence system. Continuously protected, it can concentrate on revitalising itself to combat all signs of skin aging: wrinkles appear to fade, the skin's texture is more refined and facial contours look more defined.



**La Prairie** - Skin Caviar Absolute Filler

Infused with potent Caviar Absolute, this innovative addition to the Skin Caviar collection targets the loss of volume and substance in the skin. It is the result of an advanced technological process that captures the most elusive, volume-enhancing nutrients found in caviar. By contributing to increased elasticity, improving the appearance of tone and restoring skin density and refining contours it enhances skin fullness.



**Chanel** - Sublimage L'Essence

More than a serum, the new Sublimage L'Essence goes much further and delivers global detoxification benefits for ultimate radiance and skin quality. Smoother and more even, the skin regains a texture that perfectly reflects light. Its radiance is reborn. An exceptional daily skincare product that detoxifies in order to better revitalise with Sublimage La Crème.



**L'occitane** - Immortelle Divine Crème

The best-selling, award-winning Immortelle Divine Cream helps fight visible signs of aging. With a fifth patent pending, the luxurious, yet miraculously lightweight Divine Cream is now better than ever. It combines the organic Immortelle essential oil, rich in molecules that deliver unique anti-aging beauty results, with a combination of seven ingredients of natural origin to give skin the youthful, radiant glow you've always wanted.